



THE EAGLE

*The eagle is for me
the symbol of freedom and
independence.*

*In order to see over the valley with all its shadows,
I have to climb the mountain.*

*He who strives to reach its height, must work not only on his body,
but also on his mind.*

*And in proportion to the force and energy spent,
he will obtain his reward.*

*In a metaphorical sense, I mean
The valley and the shadows are the ego.*

*Only through sacrifice,
Suffering, experience and effort,
I come to recognize
who I am, what I miss, where I want to go.
And so I must come out of the "lawfulness" that
governs the valley.
I must follow the law of the heights.
Of love, of truth.
And when I achieve this, I will overcome the valley and the shadows.*

*I will be free.
Like the eagle.*